

Nicholas Francis

Psychotherapist, LMSW


Approved Biography

6.25.2020


Nicholas Francis is a Licensed Master Social Worker who has over 8 years of experience in providing mental health services. He has worked in various settings, including preventive service agencies, foster care, and public schools. Nicholas has worked with individuals, groups, adolescents, and families. Some of the presenting concerns encompass post-traumatic stress disorder, anxiety, truancy, depression, mood disorder, and grief.

Nicholas practices from a traditional Strengths-Based, Cognitive Behavioral Therapy (CBT), Solution-Focused, and Family System model. Through these frameworks, he helps clients identify their own strengths and gifts on their journey towards a transformational life. When he is not working with clients at LK Wellness, Nicholas engages with youth via a Community Based Organization at a local High School in the Brownsville area of Brooklyn.

Nicholas is enthusiastic about cultivating a transformational therapeutic experience for his clients. His innovative and active listening skills help his clients feel seen and heard while processing complex trauma. Nicholas is passionate about clients accessing healing through this restorative practice.

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