

**Kendall Johnson-Smith**  
**Iyawo Ifasewa Osundamilola Ifasola Ifayemi Akanbi**  
**Child of Teena and Preston, LMSW-IFOT**  
Psychotherapist, LMSW


**Approved Biography**  
10.01.2020

Kendall is a spiritual being having a human experience. She has worked and trained as a psychotherapist to help herself and others better understand their human experiences toward adaptive ways of being. Kendall is able to hold authentic and transformative space for your healing in the world. She uses various therapeutic approaches including: Trauma-Informed CBT, Indigenous Focusing Oriented Therapy (IFOT), Spiritual divination, and healing the impact of racism and oppression. She works with individuals, groups, couples, adults and adolescents, with a specialization in the dynamic relationship between adolescents and their families.

Kendall has over 20 years of experience providing mental health services. She is a licensed Social Worker and an IFOT graduate. She completed a yearlong certification program in Indigenous Focusing Oriented Therapy in 2017. Kendall is a vocalist, visual & craft artist, and dancer. She recently traveled to Nigeria and was initiated into priesthood of Ifa and Osun. Kendall is a true believer in the power of the imagination and the auspicious ways in which the universe manifests our intentions. Today is the start of your journey to authentic healing.

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