

Dr. Damaliah Gibson

Ph.D. Clinical Psychologist

Approved Biography

5.1.2020

Damaliah Gibson, Ph.D. is a licensed Clinical Psychologist with over 15 years of experience working in mental health and wellness. Dr. Gibson is the co-founder of Love & Kindness Wellness Services, LLC, a holistic wellness center in Brooklyn that provides access to culturally sensitive and quality mental health services.

Dr. Gibson is also the Director of Staff Wellness at New York City Health and Hospitals. In this role, she coordinates self-care and wellness activities, facilitates staff process/debrief groups, and provides crisis management for a multidisciplinary health care staff. Dr. Gibson is also a Clinical Instructor and Supervisor for medical residents at SUNY Downstate Medical Center.

Dr. Gibson practices from a strengths-based, body-focusing, land-based lens with an emphasis on mindfulness and wellness. Her areas of expertise include working with complex and inter-generational trauma, depression and anxiety, gender and sexual orientation affirmation, and adult attachment in romantic relationships.

She works with individuals, couples, partners, groups, and families within an integrative framework of various therapeutic techniques, including Psychodynamic, Emotionally Focused Therapy (EFT), Indigenous Focusing Oriented Therapy (IFOT), Cognitive & Dialectical Behavioral Therapy (CBT & DBT), Body Focusing-Oriented Therapy, and Family Systems.

Dr. Gibson provides clinical supervision to doctoral, post-doctoral, and master's level students and fellows. She also offers coaching services for professionals and entrepreneurs with a focus on teaching effective skills for success in personal and professional development.

Dr. Gibson is a certified trauma specialist via the Indigenous Focusing Oriented Therapy (IFOT) and Complex Trauma program at the Justice Institute of British Columbia. She is now a coach, sometimes traveling to teach in various IFOT programs. She is also a lead instructor for the Indigenous Tools For Living (ITFL) program in the U.S.

Dr. Gibson has presented at the Mental Health Summit hosted by Brooklyn Borough President Eric L. Adams at Brooklyn Borough Hall. This educational event focused on '*The Intersection of Trauma and Mental Wellness in Our Communities.*'

Dr. Gibson is passionate about fostering transformation and creativity in her clients. Her style tends to be interactive, allowing her to develop a deep understanding of the needs of her clients and the respective tools that will empower them to live their best lives.

108 Kenilworth Pl.
Brooklyn, NY



+1 (347) 627-8400



LK-Wellness.com
Dr.gibson@lk-wellness.com

